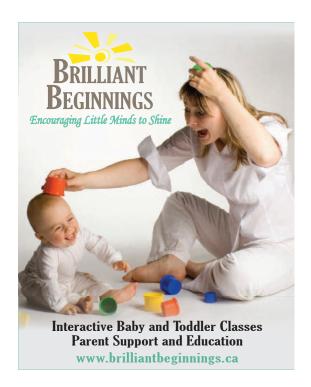
DOWN BY THE BAY













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DID YOU KNOW?

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Foothills WFC are highest level of women's soccer in Canada and 2019 UWS Western Conference Champions





INDOOR 2019/20 SEASON: Program details and online registration available August 15th to September 29th at www.gofoothills.ca



5 Excellent Reasons to Advertise in Community Newsletter Magazines

- **1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback: Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership: 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- **4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- **5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

Nearby Community Newsletter Magazines:



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Auburn Bay Community Association

AUBURN BAY NOTES

The Auburn Bay CA Board now has a few openings and we want **YOU!**

We are looking for:

- Team players
- · Motivated volunteers
- Creative minds
- Residents who want to take part in making our community as great as it can be!

If this sounds like you, please contact auburnbayca@gmail.com with your reason for interest!

***Board Chair is willing to write reference letters to verify participation (and professional attributes) of board members.

We look forward to hearing from you!

Happy September Everyone! We hope you had an amazing, safe summer. It feels a little strange that both of my kids graduated, and they are taking a year off before going into post-secondary. They were both fortunate to find full-time work that they enjoy, but these jobs have taught them that they might not be the career for them.

Things have been pretty slow for the CA since the breakfast, as we take the summer off from our regular meetings. Our next meeting is September 4th, which will cover the progress on the shed, and any other upcoming projects. A huge thank you to our CA volunteers Larissa and Terry for doing a fantastic job with painting the shed, the amazing Jennifer and Jaime, and their spouses, from EXP Realty for helping prep to beautify the community, and, finally, thank you to Sunbelt rentals for providing us with a couple of generators for the sanders / paint sprayer. We have a few smaller things to complete, but soon the shed will be finished!

We are still looking for someone with experience with finance and bookkeeping to step forward to be our Treasurer, as our current one had to move outside of the community. Please let us know if you know of someone who would love to get involved in our community in an indirect role.

It looked like the IronMan race went well again this year,

unfortunately, we didn't have the opportunity to go out and cheer on the athletes, as we have in years past. I was able to help with packing and handing out the race packages beforehand. I will admit there was some inconvenience with trying to get around the community that morning, but once we figured out the route, it was a minor adjustment.

The Frisbee Golf event in the community has been moved to September, in order to accommodate instructor and equipment availability. We will post more information on our website and Facebook pages once we have dates and specifics for the event.

Just a reminder that the SHC and Wellness Centre puts on a variety of programs that are open to the public, from drumming circles, to dealing with stress during the holidays. Please check out their website www.albertahealthservices.ca/shc for more information.

I had a couple of ladies from the community stop by while I was working on the shed a couple of months ago, and they suggested that they would appreciate forming a group to play cards together. Do we have any other seniors from the community interested? Please message on the Facebook page Auburn Bay Seniors, email auburnbayca@gmail.com, or call 403-390-2554. In reaching out to the FLC Seniors group that meets at the Trico Center, they advised me that they host over 30 activities for their 2,900 members at various locations. Please check out their website www.flcseniors.ca to see what they offer.

If you have anything that you feel that we need to add to either the website or newsletter, please email abca. newsletter@gmail.com, as we do appreciate your feedback / input.

Carla Obuck

Sports and Events Director, Auburn Bay Community Association (ABCA)

Website: www.auburnbayliving.ca or www.auburnbay-ca.info

CA Email: auburnbayca@gmail.com

CA Phone: 403-390-2554

Facebook: Auburn Bay Community Association

Twitter: <u>@AuburnBayCA</u> Instagram: auburnbay_ca



CONTACT INFO

Website: www.auburnbayliving.ca CA Email: auburnbayca@gmail.com

CA Phone: 403-390-2554



FOLLOW US ON FACEBOOK!

Auburn Bay Community Association



FOLLOW US ON TWITTER!

Twitter.com/@AuburnBavCA

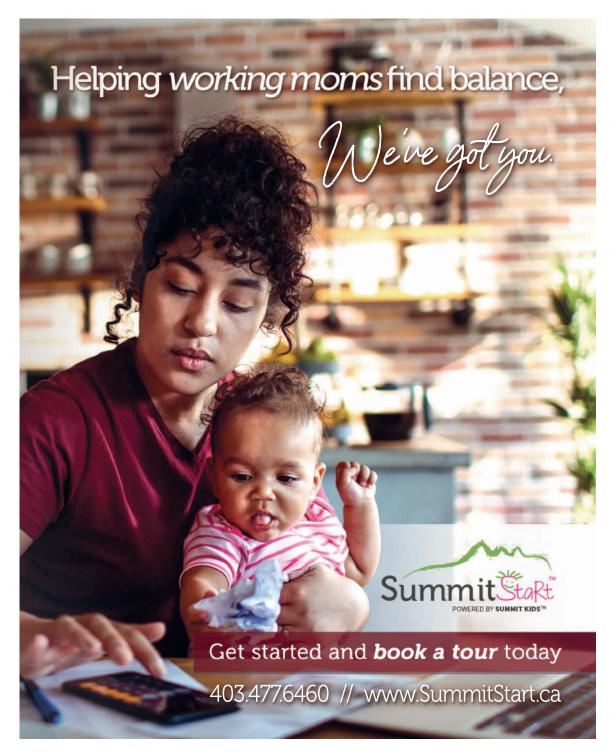


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MORE SWEET REASONS TO EXPERIENCE THE NEW LANDMARK CINEMAS SHAWNESSY

REEDEEM IN-THEATRE

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2 GENERAL ADMITS • 2 MEDIUM DRINKS LARGE POPCORN · CHOICE OF CANDY

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*PRESENT this MOVIE TWOSOME ANY DAY OFFER to a Cast Member at Landmark Cinemas Shawnessy's Box Office or Concession to receive two (2) General Admissions, one (1) Large 170cc Popcorn, two (2) Medium 32oz Fountain Drinks, and one (1) Bagged Candy for \$34.99 before tax. Tickets must be redeemed for same movie showtimes. Valid for pass-restricted presentations, Valid at Landmark Cinemas Shawnessy Calgary only, Cannot be used for online, ATOM Ticket app, or Automated Box Office (ABO) purchases. Not valid for special presentations, events, or private screenings. Subject to seat availability and provincial film classification. One coupon per person, per visit, per transaction. NO refunds, exchanges, or time extensions. No facsimiles will be accepted. This coupon has no monetary value. This coupon is bar-coded and valid only for a single use. Not valid with any other offer, discount, or coupon, Plus applicable taxes, levies, deposits, and fees. Surcharges apply for butter, upsizes, add-ons, and premium experiences. The trademarks that appear are the property of their respective owners. Program conditions subject to change and/or cancellations without notice pursuant to studio terms and conditions. Email promo@landmarkcinemas.com for more information, Expires: September 30, 2019 at 11:00 pm

Auburn Bay Community Association

Auburn Bay Community Association Membership Form

Benefit from sports, activities and partner discounts (please see Membership Privileges Program shown below for list of business partners). Gain preferred access to youth and community events & programs. Secure a vote at public meetings. Make a difference by joining the Board - and more.

Memberships are \$25 per family for Auburn Bay Residents and Non-Residents and are valid until Dec. 31, 2019.

MEMBERSHIP PRIVILEGES PROGRAM

ARBONNE: 25% discount on individual products, 50% on Nutrition & Anti-Aging sets, plus free shipping. Looking for a second stream of income, working part time? Please contact Leah Emmerson at 403.671.8902 or leahsbusiness@icloud.com. Check out our products http://leahemmerson.arbonne.com.

ARBORCARE TREE SERVICE: 15% OFF all residential services. Our residential tree services include everything from tree pruning and tree removal, to tree planting and installation, and all points in-between. 10100 - 114 Ave SE, Calgary, Alberta, T3S 0A5. To book, call 403-273-6378 or email trees@arborcare.com.

CHRISTOPHER'S FINE DRY CLEANING: 10% OFF all cleaning services. Certified Professional Dry Cleaner on site, trust your clothes to experience & education (since 1998). #440, Seton Crescent SE 403-720-2218.

CLOVERDALE PAINT: 25% off paint, and more than 15% off paint accessories. Whenever you need to buy paint, you simply go to Cloverdale, and say you are a "Federation of Calgary Communities Club Member," or present a Club Member card. This wholesale pricing discount applies to all residents who hold an Auburn Bay Community Association Membership.

DOGMA TRAINING & PET SERVICES INC: Free Full-Day Assessment for Day School, and 10% off Group Training Classes. 2 Convenient locations to serve you! Please call 403-452-5400 to book.

KIMBERLY DESLANDES, LAWYER: \$100 OFF a Will package. \$50 OFF for a single. Client-centred legal services in a comfortable, professional environment. Wills, Powers of Attorney, Notary Public, Personal Directives, real estate, and contract review. 203, 20 Sunpark Plaza SE, 403-998-7872. Weekend and evening appointments available.

SOMA SPA: 10% OFF AESTHETIC TREATMENTS. Soma Spa wants you to relax, refresh, and reconnect. Check us out for more information online at somacalgary.com, or call us at the spa at 587-471-2496.

TICKLE ME PINK / MARY KAY: 10% off all licensed esthetic services (manis, pedis, and gel nails). Free gift with any Mary Kay purchases. Contact Carla Obuck, Ind. Beauty Consultant, at 403.273.1952 or email carla.obuck@gmail.com.

TRICO: Community Partners save 20% on registering in Trico Centre programs. www.tricocentre.ca.

Differences Between a Residents Association & a Community Association

RESIDENTS ASSOCIATION (ABRA)		Auburn Bay Community Association COMMUNITY ASSOCIATION (ABCA)		
Companies Act, Section 9 Not For Profit Organization	INCORPORATED UNDER	Societies Act Not For Profit Organization (can also be a charity)		
To manage, maintain and operate the Auburn House amenities (Facility, Park, Lake, Lake Access Ways, Decorative Corners) To perform enhanced maintenance on certain public land within the community	PURPOSE	To protect the interests of the neighbourhood by providing residents a voice on community issues		
Mandated for property owners; Fees due April 1 annually;	MEMBERSHIP	Membership is voluntary		
10 Board Meetings annually, closed to the public Annual General Meeting (September) open to Members in Good Standing	MEETINGS	10 Meetings annually (no meeting July/August), open to the public Meetings attended by Councilor, MLA, MP and Police Community Liaison		
RAs established through Encumbrances on Land Titles; Annual fees sustain RA assets (Auburn House, Park, Lake, Lake Access Ways & Decorative Corners) Professionally managed with paid staff	DEVELOPMENT & OPERATIONS	Established with support by the City; Residents campaign for participation; Operations is dependent on volunteer membership, fundraising & sponsorship Managed by community volunteers		
Management, operation and maintenance of RA/assets, including: Facility & Park Amenities Community Entry Features Membership/Administration Programs & Events Website & Communications	ORGANIZATION FUNCTIONS	Organized Minor Sports Leagues City/Traffic/Zoning Issues Public property Issues Lobbyists for Schools Political Issues & Concerns Establish Social Policies Community Events		

Concern	Who To Contact
Annual Membership Fees	Auburn Bay Residents Association (RA) 403-537-2601
Auburn House Facility Rentals	Administrative Coordinator at (RA) 403-537-2601
Brookfield Residential Tree Program	Brookfield Residential Tree Line 403-516-8888
Bylaw Concerns (e.g. Dogs off leash, noise complaints)	City of Calgary 3-1-1
Community Issues (Cell Tower, cross walk lights etc)	Auburn Bay Community Association (Meetings every month) email auburnbayca@gmail.com for details.
Maintenance of ABRA owned land (Auburn House,	Landscape & Amenities Manager at Auburn Bay Residents
Park, Lake, Lake Access Ways, Decorative Corners)	Association(RA) 403-537-2601
Parking Concerns	Calgary Parking Authority: 403-537-7100
Pathways (maintenance, snow & ice)	City of Calgary 3-1-1
Roads (maintenance, snow & ice)	City of Calgary 3-1-1
Speeding in the Community	Calgary Police Non-Emergency 403-266-1234 OR 3-1-1 AND Auburn Bay Community Association (Meetings first Wednesday monthly* at 7pm) *Except January is 2nd Wednesday.
Program Inquiries	Program Coordinator at (RA) 403-537-2601
RA Special Events Inquires	Program & Events Manager at (RA) 403-537-2601











Fun starts at 6:30 pm. Fireworks at approximately 9:00 pm, after sunset.

Join Auburn House in celebrating the end of another fantastic summer at the lake! Let's say farewell to this great summer with a bang and a spectacular fireworks display over Auburn Bay lake.

Fun festivities, such as bouncy houses and complimentary hot chocolate, courtesy of Tim Horton's, will begin at 6:30 pm. Join us for a family music concert performed by Mr. Rayz in the amphitheater from 6:45 to 7:45 pm. And the Calgary Mini Donut food truck, cash only, will also be on site to satisfy your sweet tooth! Be sure to get here early to enjoy the evening as we say goodbye to summer.

This event is reserved for Auburn Bay residents and their guests only. New membership cards are mandatory for access and are required from everyone to be presented upon arrival. All normal guest policies/rules will be in place and it is required for guests to arrive with the resident member.

Event Advisory:

Please be aware, for safety reasons, there will be no boats, SUP's, nor watercraft of any type permitted on the lake during this event. This includes those who have lake access or lakeshore properties. Please also keep all dogs and pets safely indoors (preferably with human companionship) for the duration of the fireworks show. While fireworks are awesome for humans, they are frightening and overwhelming for pets. Thank you for your cooperation and understanding.

Auburn House Autumn Programs

It's Autumn at Auburn House! With a variety of great youth programming and many popular adult fitness classes, there's something for everyone here at Auburn House to keep you and your entire family fit and having fun all season long.



Autumn program registration is open and is ongoing -Classes begin this month! Enroll today!

Check out all our programs in the Autumn Program Guide & Events Calendar on AuburnBayRA.ca.

- Seniors Night Out
- Adults Only Trivia Night
- Cardio Kickboxing
- HIIT
- Salsa/Bachata
- Yoga
- Pound
- Boot Camp
- Curve Appeal
- · Youth Basketball
- Multi-Sport
- · Kung Fu
- T-Ball
- Tennis
- Ball Hockey
- Little Medical School
- · Engineering for Kids
- · Youth Dance Classes
- Teens Night Out
- Bricks for Kidz
- Knittina
- · Infant Massage
- · Sign Language
- · Plus more!

Register online at AuburnBayRA.ca, stop in at Auburn House, or call 403-537-2601.





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Auburn Bay Residents Association c/o Auburn House

200 Auburn Bay Boulevard SE, Calgary, AB T3M 0A4 Office Tel: (403) 537-2601, Office Fax: (403) 930-6456

Website: www.AuburnBayRA.ca

E-mail: Administration

Marilyn Alcock admin@auburnbay.org

Program & Events Manager

Jennifer Tait events@auburnbay.org

Program Coordinator

Ashley Gray Recprograms@auburnbay.org

General Manager

Chrissie Rozak gm@auburnbay.org

Hours of Operation

Auburn House Lake & Park Hours

Monday - Sunday 9:00 am - 10:00 pm

Auburn House Regular Office Hours

Monday – Friday 9:00 am - 5:00 pm



CONNECT WITH US! AUBURN HOUSE



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Facility Rental Rates

RESIDENTS ASSOCIATION

AuburnBayRA.ca

				Full Day		Hourly	
Room	Square Footage	Capacity	Rate	Weekend (9 a.m. – 1 a.m.)*	Weekday (9 a.m. – 4 p.m.)	Prime Time (4 p.m. – 1 a.m.)	Non-Prime Time (9 a.m. – 4 p.m.)
Upper Level E	Banquet Room:	S					
Full Bananat		85 – Dinner 100 – Theatre	RR:	\$550.00	\$400.00	\$65.00	\$50.00
Full Banquet – Banquet A & B	1,628		BF:	\$632.50	\$460.00	\$74.75	\$57.50
banquet A & b		100 - Meatre	NR:	\$715.00	\$520.00	\$84.50	\$65.00
		60 – Dinner 70 - Theatre	RR:	\$395.00	\$290.00	\$46.50	\$40.00
Banquet A 1,162	1,162		BF:	\$454.25	\$333.50	\$53.30	\$46.00
	70 - meatre	NR:	\$513.50	\$377.00	\$60.50	\$52.00	
Ranquet R 466	25 – Dinner 30 - Theatre	RR:	\$250.00	\$175.00	\$35.00	\$30.00	
		BF:	\$287.50	\$201.25	\$40.25	\$34.50	
		30 meatre	NR:	\$325.00	\$227.50	\$45.50	\$39.00
Lower Level Multi-Purpose Room							
84 U. B	·	35 – Dinner 45 - Theatre	RR:	Unavailable for bookings due to the ABRA's registered programs and events.		\$40.00	\$30.00
Multi-Purpose	591		BF:			\$46.00	\$34.50
Room			NR:			\$52.00	\$39.00
Picnic Shelters**							
6 Shelters	N/A	Up to 25 NR Guests	RR:	Minimum Maximum		\$20.00	\$20.00

200 Auburn Bay Blvd S.E. Calgary AB T3M 0A4 · 403.537.2601 (P) · 403.930.6456 (F) · csr@auburnbay.org



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Facility Rental Rates

AuburnBayRA.ca

			Includes	Full Day	
Room	Square Footage	Capacity	Weekend (9 a.m. – 1 a.m.)*	Prime Time (4 p.m. – 1 a.m.)	
Wedding Packages**					
Wedding Package A	1,628	85	Amphitheatre for outdoor ceremony. Full Banquet 7 p.m. – 10 p.m. Friday and 9 a.m. – 1 a.m. Saturday.	\$1500.00	
Wedding Package B	1,628	85	Full Banquet 7 p.m. – 10 p.m. Friday and 9 a.m. – 1 a.m. Saturday.	\$900.00	
Wedding Package C	N/A	Outside – Up to 25 Non-Resident Guests	Amphitheatre for outdoor ceremony Max – 2 hours	\$600.00	

Other Information:

*Bookings that rent past 10 p.m. are subject to an after hours fee of \$100 per hour to keep staff

**Picnic Shelters and Wedding Packages are available for rental by residents only

Dinner: Tables and chairs can be set up in the room.

Theatre: Only chairs can be set up in the room (no tables).

Prime Time: Mon – Fri, 4 p.m. to 10 p.m., Sat, Sun & Stat Holidays, 9 a.m. to 10 p.m. Non-Prime Time: Mon - Fri, 9 a.m. to 4 p.m.

RR: Resident Rate

BF: Brookfield Resident Rate (applies to residents of other Brookfield communities

(i.e., Cranston, McKenzie Towne, etc.)

NR: Non-Resident Rate (applies to residents of non-Brookfield communities)

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Identity Crime

Identity crime occurs when someone uses personally identifiable information (PII), such as a name, address, date of birth, social insurance number, credit card number or photograph, without permission to commit fraud, apply for credit and/or obtain goods and services, and commit other crimes.

Identity crime has been linked to a variety of online scams, cybercrime and real-world crime. Public Safety Canada provides advice for consumers and a snapshot of the growing problem of identity crime in Canada.

Victims of Identity Crime

There are a few typical indicators that your identity is being used for identity crime purposes:

- You receive calls or letters from a creditor informing you that an application for credit was received, approved, or denied, which you did not apply for.
- You either receive credit card statements or other bills in your name, which you did not apply for, or you no longer receive credit card statements or bills which were regularly mailed to you.
- A collection agency informs you they are collecting for a defaulted account established with your identity.
- You notice unauthorized credit transactions on your annual credit report.
- The police or your bank advises you that you are a victim.

What to do if You're a Victim of Identity Theft

The following are some steps that you may take if you believe that you are a victim of identity crime:

- Call 9-1-1 for any crimes in progress or life exigent circumstances.
- Contact 403-266-1234 for the Calgary Police Service non-emergency line, or report a crime online.
- Obtain a police case number and start to log dates, person(s) that you spoke with and exactly what they said.
- Report the theft to the two major credit reporting agencies, Equifax and TransUnion Corporation. Request that the agencies remove inquiries and/or fraudulent accounts stemming from the theft.

You Should also Consider Taking these Additional Steps:

- Report the incident online to the Canadian Anti-Fraud Centre or call them toll free at: 1-888-495-8501, or 1-888-654-9426. The Canadian Anti-Fraud Centre is a joint initiative that tracks frauds and scams, and takes enforcement action when possible.
- Contact the Social Insurance Number hotline to report the unauthorized use of your personal identification information.
- Notify Passport Canada if you believe that you may have been a victim of identity theft, or that your identity may have been used to fraudulently obtain a passport or travel document. You can also call them toll free at 1-800-567-6868 for more information.
- If your ATM card was stolen, get a new card, account number, and PIN. Please see the Canadian Bankers Association's information on credit card fraud.
- Request that the credit bureau place a fraud alert and a victim's statement in your file.
- Request a free copy of your credit report to check whether any accounts were opened without your consent.

- Notify your bank(s) and ask them to flag your account and contact you regarding any unusual activity.
- Change your passwords.
- Set up a Google Alert with your name to help monitor your name online and manage your online identity to determine if it is being used for other purposes on the Internet.
- · If your driver's license has been lost, stolen, or destroyed, you may apply for a replacement by visiting a registry agent in person. You may also request a new one at Service Alberta.
- Document the names and phone numbers of everyone you speak to regarding the incident. Follow-up your phone calls with letters. Keep copies of all correspondence.
- · Monitor your mail and visit Canada Post for additional information about protecting your mail.



Rosscarrock Community Hall 4411 - 10 Ave S.W.

Saturday, October 5, 2019, 1pm to 4pm

Come and see what we are all about!

Displays and demos of modern and vintage guilting, rug hooking, knitting and needlework. We continue to preserve 90th years of fibre arts and encourage their modern application.

> We meet Mondays 9am to 4pm September through June; Wednesdays 9am to 2pm year-round; and the 2nd and 4th Thursday Evenings 6:30pm to 9:30pm.

> > www.chinookguild.com



Name	Age	Contact	Course
Abby	22	587-439-7017	Yes
Angela	14	587-719-3239	Yes
Annie	40	587-968-6504	Yes
Anum	12	403-689-7403	Yes
Ava	16	403-710-9098	Yes
Ava	16	403-401-6533	Yes
Avery	13	403-470-3934	Yes
Bronwyn	14	403-816-9495	Yes
Courtney	29	403-629-4565	Yes
Crystal	19	587-917-6880	No
Deseray	20	587-437-0833	Yes
Ema	19	403-466-5171	Yes
Hephzibah	16	587-707-9150	Yes
Hunter-Taylor	21	587-223-3527	No
Jackson	18	403-483-5453	Yes
Jackson	18	403-710-9098	Yes
Jade	15	587-899-3351	Yes
Jasmin R	13	403-836-6755	No
Jenna	15	587-581-9979	Yes
Kelly	17	403-617-1141	Yes
Kennedy	19	403-463-9800	No
Kim R.	18	403-836-6755	No
Lexi	13	403-827-0055	Yes
Louise	22	587-439-1255	Yes
Lynda	18	587-229-9118	No
Mehgan	24	587-434-3798	No
Miriam	18	403-678-0290	Yes
Paige	12	403-803-4187	Yes
Quinn	17	403-990-2570	Yes
Rosemarie	39	403-708-5759	No
Sujitra	34	587-284-1984	No
Tiana	16	587-432-7282	Yes

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

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The Penalty for Music Piracy in 1770 vs. Present Day



Forbidden to be transcribed, Gregorio Allegri's *Miserere Mei, Deus* was restricted to performances at the Sistine Chapel at special services. But in 1770, 14-year-old Mozart attended a performance and transcribed the piece from memory, only attending a second performance to make minor corrections. The pope was so impressed that he awarded Mozart the Chivalric Order of the Golden Spur.





Are You Ready for Some Advice?

by Johanne Plamondon

Do you recognize the symptoms of portfolio paralysis? If you see yourself in any of the scenarios listed below, this may be your wake-up call to find a financial advisor to help you get back on top of your game.

Are you paralyzed by information overload?

Information sharing has exploded in recent years. Newspapers, business television, and the internet are valuable sources of information and opinion, but investors can overload from continuous consumption of spectacular events that roil the markets. The confusion and noise have a tendency to reveal the speculations in the market, but they also tend to obscure the investment opportunities that might exist. As a result, you sit waiting for an all-clear signal.

Are you unclear about the strategic direction of your investment portfolio?

There are now many competing investment strategies and ways to achieve your financial objectives. Some carry a high-risk premium, while others promise safety, but modest returns. Which approach would suit you in satisfying your long-term goals? In today's market, it's easy to lose your perspective. When that happens, bad decisions follow.

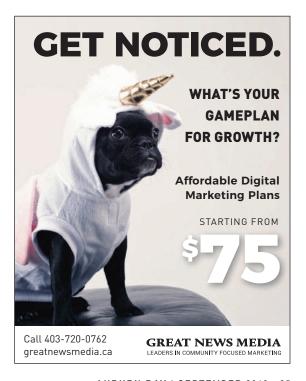
Do you feel you don't have the time to invest wisely?

As we get older, we discover that managing a growing investment portfolio is hard work and requires more and more of our attention. Particularly in today's markets, identifying investment opportunities requires research and doing our homework. It often involves time we don't have to give, and when this happens, your portfolio doesn't get the attention it deserves.

Is investing a regular source of worry?

The goal of investing isn't to be in a constant state of surprise, fear, or anguish. Such emotions shouldn't be reasons to put your portfolio under the covers. Getting a good night's sleep is a legitimate objective of good financial and investment planning. Intelligent investing is a process of identifying and quantifying the risks associated with an investment. That way, we can anticipate the unexpected and turn it into a manageable situation. Worry and fear of surprises are indicators that your tolerance of risk isn't in sync with your investments.

If any or all of the above situations sound familiar and have frozen your investment portfolio, then it's time to seek an investment advisor to help you get re-directed in the market. Many investors do not feel confident enough to take on today's markets alone. Finding a financial advisor you trust will help change your perspective by determining a strategy that works for you in today's markets. If you feel that you've been pulled over on the side of the road long enough, an advisor can help review your current state of affairs, and recommend an investment road map that will get you back on the road.









SHC) Wellness Centre

The South Health Campus Wellness Centre offers quality health & wellness programs. See our Fall Program Guide for a full list of programs, descriptions & registration information at http://www.ahs.ca/shcwellness or call 403-956-3939.

South Health Campus 6th Annual Fun Run JOIN US!

5K Walk/Run, Kids Dash & All Seniors Care - Seniors Walk the Block

Saturday, September 7 10:00am

Information & Registration www.calgaryhealthtrust.ca/SHCrun Registration: Run/Walk \$20, after August 1 \$25 Seniors Walk the Block \$15 <16 & entry to Kids Zone \$5

Featured Programs

Coping with Current Events Sept 11, 18 and 25 2:00-4:00pm As our world is becoming more connected, we are being exposed to more news than ever before. The never-ending stream of news can have a huge impact on our mood, sense of control and overall wellbeing. In this course, learn how to gain perspective when interpreting the news as well as coping strategies to help process the way you feel about the issues facing our world today.

Baby Rhyme Time Sept 27 10:30-11:30am

Come and enjoy songs, rhymes, and stories that will make your baby smile! For parents and caregivers with babies up to 12 months old.

Meditation Sept 27 6:00-7:00pm

Come learn about and try meditation. Begin with some light movement and breathing exercises before beginning to meditate and experience the enormous benefits of medita-

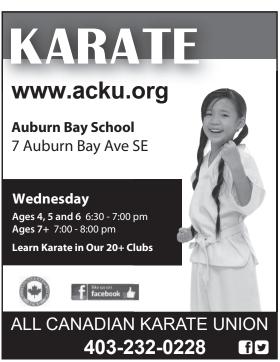
Cooking with SHC Dietitians (Hands-on) Oct 1 11:00am-1:00pm

Quick and Easy Meals - Life gets pretty busy this time of year! Learn how to use a pre-cooked rotisserie chicken to create four totally different meals!

Taking an Active Role in Your Healthcare Oct 4 10:00-11:00am

Ever feel overwhelmed when going to see your doctor? Learn tips to prepare for your appointment and ask pertinent questions that matter to you.





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CORPORATE ACCOUNTING AND CORPORATE TAXES: Corporate Accounting based on bank and credit card statements, and cash payments. Corporate tax preparation (Federal and Provincial), and GST returns. Corporate business consulting (current and new corporations). Personal tax returns (all Canadian provinces), current and last 10 years with proper documentation. Clarence Simpson (Concept Accounting); 31 Brightondale Bay SE Calgary; 403-617-7244; clarence-simpson@hotmail.com.

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IS THERE MORE TO LIFE THAN THIS? ALPHA. Ask anything about life, faith & God. Thursdays, 6:30-9:00 pm, starting October 3rd. Contact First Alliance Church 403-252-7572 / www.faccalgary.com.

HURTING? There's help for your pain and struggles. Divorce Care, Wednesdays, starting September 11. Grief Support, Wednesdays, starting September 4. Celebrate Recovery, Tuesdays, year-round. Marriage 911, Sundays, starting September 22. The Marriage Course, Thursdays starting October 17. Contact First Alliance Church 403-252-7572 / www.faccalgary.com.

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- 182 Autumn Cr.
- 7 Autumn View
- 28 Auburn Springs Manor
- 503 Auburn Bay Ave
- 150 Auburn Bay Cr.
- 276 Auburn Bay Drive
- 116 Auburn Crest Park
- 115 Auburn Bay Blvd
- 176 Auburn Shores Way
- 215 Auburn Sound View
- 1209 Auburn Bay Cir
- 356 Auburn Bay Blvd
- 63 Auburn Bay Pl
- 141 Auburn Meadows Cr.
- 118 Autumn Close
- 203 Auburn Glen Dr
- 430 Auburn Crest Way SE
- 145 Auburn Meadows View SE
- 207, 16 Auburn Bay Link SE
- •32 Auburn Bay Dr. SE



196 AUBURN SOUND VIEW SE \$949,900

Lake access property! Fully developed on all 3 levels with a total of just over 4400 sq. ft of dev, space! Chef's dream kitchen, butlers pantry, double wall ovens & granite counters. Upstairs has a bonus room, 4 bedrooms & laundry room. Lower level has a 5th bedroom. amazing rec room/bar area & another full bathroom! Amazing property!



Stunningly upgraded home on one of Auburn Bay's best streets! Gorgeous white kitchen, granite, stainless steel appliances, 4 bedrooms, 4 bathrooms, fully finished lower level! A/C, built in speakers, upgraded shutters on all the windows, beautifully landscaped yard and so much more!



10 AUBURN SOUND MANOR SE \$929.900

Amazing views! 3 bedrooms, 3 bathrooms, 3212 sq. ft., Gorgeous upgrades and attention to detail in this home! Chef's dream kitchen, large bedrooms, granite, A/C, hardwood floors, walkout basement, beautifully landscaped and prime location in the Bay!



549 AUBURN BAY AVE. SE - \$359.900

Gorgeous attached home, 1305 sq. ft., double master floor plan with 2 ensuite bathrooms & 2 walk in closets! 9' ceilings, granite countertops, stainless steel appliances, upper laundry room, south back yard, gorgeous and immaculate!

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Councillor, Ward 12 Shane Keating

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f www.facebook.com/CouncillorKeating

Time flies when having summer fun! September is a fresh start for many families getting ready to head back to school. As I mentioned last month, Community Traffic Safety is very important to Ward 12 residents, particularly when school begins. Please slow down so that motorists and pedestrians can look out for each other.

Success of Playground Zones with Fixed Hours

Back in 2016 Playground and School Zones consolidated with fixed hours to make it easier for motorists and pedestrians to remember: **30km/h, 7:30am-9pm 7 days a week, year-round**. Traffic speed and number of collisions have decreased since introducing the single zone with times consistent year-round.

Please know the limit and stay within in it.

Green Line

In keeping with the topic of Transportation, Green Line went back to Council on June 29, 2019. Here is a brief list of the topics discussed: Status and Value of the Project, Design for the Tunnel and underground Stations, and Downtown Alignment. I am pleased that Council came together, and we have a plan in place that will allow us to do more work on the downtown alignment without affecting the overall project timeline.

Event Centre in East Victoria Park

Council has endorsed an agreement to move forward with the Event Centre. The City of Calgary, Calgary Sports and Entertainment Corporation (CSEC) and the Calgary Exhibition and Stampede Limited (Stampede) agreed to fundamental terms and conditions to support a new Event Centre, adjacent street festival space and infrastructure investments to Stampede Park.

Thank you to everyone who contacted me to join the conversation on the Event Centre during the public comment period. Our office received over 300 email and telephone messages over the week, which is an exceptional level of feedback. Watch for public engagement opportunities on the design, programming and integration into Rivers District.

For more information on this and other things going on at City Council, please keep an eye on my website: www. shanekeating.ca.



Calgary-South East
MLA Matt Jones
Unit 202, 5126 - 126 Avenue SE,

Calgary T2Z 0H2

403-215-8930 403-215-8932

Calgary.SouthEast@assembly.ab.ca

Hello Calgary-South East readers!

It's hard to believe that it's September already and that summer is now behind us. While I am anxious to return to Edmonton this fall to continue the fight for jobs, a strong economy, and pipelines, I am very much enjoying my time in and around the constituency. I have enjoyed the opportunity to personally meet and engage with several of you, to continue my advocacy for schools, playgrounds, public transportation for our communities, and for the opportunity to participate in several events in our constituency and across Calgary.

In July, Premier Kenney announced that Alberta will drop half of its exceptions to the Canada Free Trade Agreement, as part of our government's Red Tape Reduction Plan. It is my hope that other provinces across the country will follow suit, as this would improve labour mobility and trade nationally.

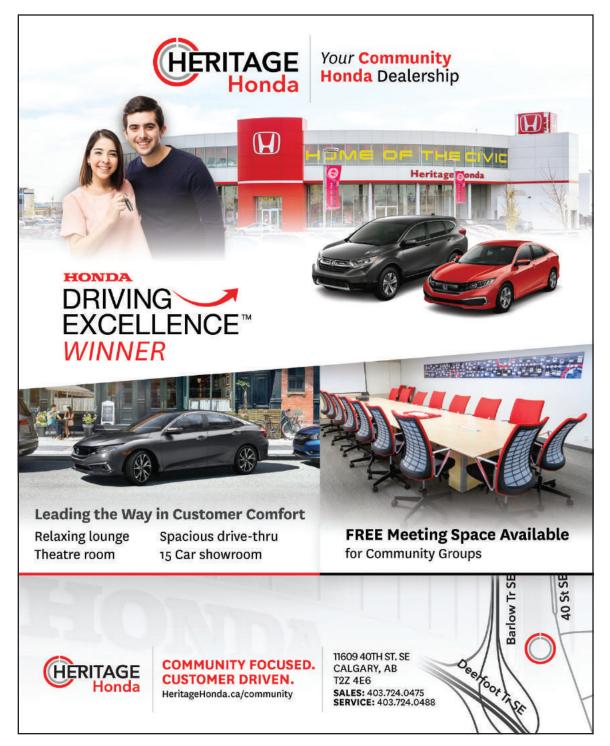
I am happy to announce that in response to constituent concerns raised from the Cranston Community Association, the Minister of Parks has confirmed that new educational signage promoting responsible behaviour around wildlife, and instructions for reporting wildlife sightings, have been recently produced and will be installed in select locations throughout Fish Creek Provincial Park.

Lastly, I wanted to highlight some of the events that I was able to attend in our constituency and around Calgary as your representative. Constituency events included the Cranston Residents Association Stampede Breakfast, the Auburn Bay Community Association Stampede Breakfast, the Auburn Bay A&W Stampede Breakfast, Noah Catto's Birthday Celebration, and the Mahogany and Cranston Canada Day celebrations. Other events included the Calgary Arab Festival, the 9th annual Japanese Festival, the Dragon Boat Race & Festival, and Muslim Heritage Day.

I hope you're enjoying your summer and I look forward to connecting with each of you.

Thanks,

Matt Jones, CFA





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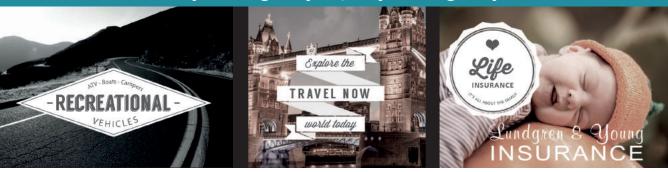
	Properties Listed	Properties Sold	Avg Listed Price	Avg Sold Price	
Jul 2019	24	20	\$ 482,900	\$ 475,000	
Jun 2019	24	20	\$ 534,990	\$ 524,000	
May 2019	33	24	\$ 449,900	\$ 436,500	
Apr 2019	25	13	\$ 677,500	\$ 662,500	
Mar 2019	19	14	\$ 479,900	\$ 465,000	
Feb 2019	13	9	\$ 506,400	\$ 495,500	
Jan 2019	17	4	\$ 529,900	\$ 517,500	
Dec 2018	4	8	\$ 545,000	\$ 522,500	
Nov 2018	8	14	\$ 547,000	\$ 532,000	
Oct 2018	20	18	\$ 539,888	\$ 525,000	
Sep 2018	26	13	\$ 522,400	\$ 513,750	
Aug 2018	20	17	\$ 592,450	\$ 585,500	
	To view more detailed information that comprise the above MLS averages please visit aub.mycalgary.com				





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